

## PROGRAMMAZIONE **CORSI 2017/2018**

CORSO	LUN	MAR	MER	GIO	VEN	SAB
<b>BABYGYM</b>		16.30 - 17.15		16.30 - 17.15		
<b>BASE 1</b>	17.30 - 18.30		17.30 - 18.30			
<b>BASE 2</b>	18.30 - 19.30		18.30 - 19.30			
<b>PROMO BASE</b>		17.00 - 19.30			17.00 - 19.30	
<b>PARKOUR</b>	19.30 - 20.30			19.30 - 20.30		
<b>ACROBATICA</b>			20.00 - 21.30		20.00 - 21.30	
<b>FITNESS</b>		20.00 - 21.00		20.00 - 21.00		
<b>AGONISTICA FULL</b>	✓	✓	✓	✓	✓	✓
<b>AGONISTICA (4/5 Giorni)</b>	✓	✓	✓		✓	
<b>SILVER (3 Giorni)</b>	✓		✓		✓	
<b>PREAGONISTICA</b>	17.00 - 19.00	17.00 - 19.00		17.00 - 19.00		



### Invictus Gymnastics S.s.d. a r.l.

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